

SPIRITUAL GROWTH ASSESSMENT

Questions designed to help you assess your spiritual growth and determine what your next steps might be.

Spiritual growth happens when we are intentional about it. The following assessment is designed to aid an individual to examine themselves and then begin to move in a direction that enables them to grow in Christ.

The assessment begins with a questionnaire to help a person examine their present situation. The questionnaire also provides practical ideas and helps for a person's next steps. Following the questionnaire is a 6-stage assessment guide that provides a 'big picture' of where a person is and direction in where they might go next.

Once completed, the Spiritual Formation Assessment may be discussed with any of our pastors. Please call the office at 403-286-5300 or email us at info@bvccweb.ca.

1. I believe that God exists and that he has revealed himself for us to know him. Yes No
2. I believe that Jesus Christ is God's primary revelation to mankind; that he came to earth and died to reconcile us to God; and that he was raised from the grave and ascended back to heaven after appearing to many witnesses. Yes No
3. I have personally and publicly accepted Jesus as God's Son and my Savior; repented of my life without him and asked him to be the Lord of my life. Yes No
4. I have been obedient to his command and followed his example and have been immersed as an identification with his death, burial and resurrection. Yes No
5. I have joined a local expression of Christ's body (the Church) and made a commitment to work with them in community to help bring about God's Kingdom and advance his Mission.
 Yes No
6. I know what my spiritual gifts are and am currently using them to serve the rest of the body and reach out in love to the rest of the world.
I use them: Daily Weekly Monthly Seldom I don't know my Spiritual Gifts
7. I attend worship with my church community for the purpose of corporately worshipping God and mutually building each other up.
 Less than once per month At least twice a month Regularly

8. I am practicing the following Spiritual Disciplines: (please ✓)

Spiritual Discipline	Never	Occasionally	Regularly	Daily
Bible reading/study				
Prayer				
Tithing				
Sabbath-keeping				
Silence / Solitude				

9. I share my love for God and the good news regarding what Jesus has done for everyone, with other people: Seldom Occasionally Often

10. I have engaged in the following classes or conferences in the past year in an attempt to increase my understanding of God and what he wants me to do.

11. I have been involved in a small group with people from my church community to practice “one another” principles: Once A couple of times Regularly

12. During the past year I have read the following, on topics that have spiritual relevance:
 A book A couple books At least 3 books

13. I have been involved with an accountability partner or a spiritual mentor or guide:
 Never Once in the last couple years Regularly

14. The “fruits of the Spirit” are character traits that God’s Spirit attempts to cultivate in our lives as a follower of Jesus. (Galatians 5:22,23) Beside each of the traits check the box that best applies.

Fruit of the Spirit	No Change Since becoming a Christian	I notice some changes in this area	I’ve made some radical changes in this area since beginning my journey
Love			
Joy			
Peace			
Patience			
Kindness			
Goodness			
Faithfulness			
Gentleness			
Self-control			

15. The area of change that I would most like to experience in my journey to become more like Jesus is: _____

I know where to get help in making this change

I know who I could talk with about making this change

I am willing to tell someone I trust that I'm attempting this change and ask them to pray for me

16. I am willing to share this assessment with someone I trust and ask for their honest feedback.

Yes No